

PROSTATE BIOPSY (1 of 2)

This booklet contains important information concerning your planned biopsy. Please take time to review this material thoroughly. If you have any questions, please call our office.

Appointment:

Day: _____ Date: _____ Time: _____

Location:

- 201 East 19th Street, New York, NY 10003
- 3594 East Tremont Avenue, Suite 320, Bronx, NY 10465

What You Need To Do Before Your Biopsy:

Tell your doctor about all prescriptions and over the counter medications you are taking. Some medications such as anti-inflammatory (used for arthritis and pain) and blood thinners increase your risk of bleeding from the biopsy. At least 7 days before your biopsy, please stop all blood thinning medications and supplements. Common types of blood thinners include Plavix, Aggrenox, aspirin, Coumadin, anti-inflammatory medications such as Motrin, vitamin E and fish oil. A more complete list is provided below. Please check with your primary care physician or cardiologist before stopping any of these medications.

Advil	Cough/cold remedies	Flexeril	Naproxen
Aggrenox	Coumadin	Ibuprofen	Plavix
Aleve	Cyclobenzaprine	Indocin	Pletal
Anacin	Daypro	Indomethacin	Relafen
Anaprox	Diclofenoc	Ketorolac	Tramadol
Aspirin	Dipyridamole	Lovenox	Toradol
Azulfidine	Ecotrin	Meloxicam	Voltaren
Bufferin	Enbrel	Mobic	Warfarin
Celecoxib	Enoxaparin	Motrin	Xarelto
Cilostazol	Etodolac	Naprosyn	
Clopidogrel	Excedrin	Nabumetone	

If you are currently taking Celebrex, you can continue taking this medication.

Starting one day before your biopsy, you will need to begin your antibiotics. Since an infection resulting from a biopsy is an infrequent but potentially very dangerous complication, you will receive prescriptions for two oral antibiotics. The choice of antibiotics will depend on which medications you have taken previously and what medications you are allergic to. We usually combine a quinolone type of antibiotic (Avelox, ciprofloxacin, levofloxacin) with a penicillin type of antibiotic (Augmentin - amoxicillin/clavulonic acid). If you are allergic or have any sensitivity to any one of these antibiotics a different medication will be prescribed. Please follow the directions on the bottle and check the package insert to review a list of possible side effects or precautions.

Usual directions are also listed here - It is safe to take the two antibiotics together:

- Cipro (Ciprofloxacin) One pill twice a day.
- Levaquin (Levofloxacin) One pill once in the morning.
- Augmentin (Amoxicillin - Clavulanic Acid). One pill twice a day.
- Bactrim and Sulfa (Sulfamethoxazole - Trimethoprim). One pill twice a day.

PROSTATE BIOPSY (2 of 2)

*** REMEMBER TO TAKE THE ANTIBIOTICS THE DAY OF THE BIOPSY ***

The antibiotics are started one day before the procedure and continued for a total of 4-7 days. You should take the medicine at least 1 hour before a meal or 2 hours after a meal. Do not take antacids such as Tums, Maalox, Mylanta, or calcium supplements within 4 hours of the antibiotic.

On the evening before the procedure and also the morning of the procedure you need to take a Fleet enema to empty and clean out the bowels. Eat a light meal before the biopsy. You do not need to fast.

Please come to the office 45 minutes to 1 hour prior to the biopsy as you will need to receive a shot of antibiotic.

Do not urinate when you come in the office. We will need a urine specimen after the procedure.

*****Note:** If your biopsy is scheduled under anesthesia, do not eat a light meal on the day of the procedure. You cannot eat or drink anything after midnight the night before the biopsy.

Description Of Prostate Ultrasound And Biopsy

Ultrasound uses harmless sound waves to give us pictures of the prostate and allows us to accurately guide a biopsy needle to areas of concern. The procedure is usually performed in the office. You will lay down on your side on an examination table. A simple rectal exam will be performed by the urologist and then a finger size ultrasound probe will be inserted in the rectum. Numbing medication is then usually injected around the prostate to numb the area. A fine, spring loaded biopsy needle is then inserted through the probe and into the prostate. 6 to 12 biopsies are usually taken. The entire exam takes less than 10 minutes.

After The Biopsy

- Continue taking your antibiotics as prescribed.
- No strenuous activities or sex for 3 days.
- Drink plenty of fluids to avoid blood clots in your urine.
- You may see blood in the urine for up to two weeks and blood in the semen for up to one month.
- Please consider using condoms until your semen is clear.
- You may have some burning with urination for one or two days.
- Call your doctor or go to the emergency room if you have fever, chills or are not able to urinate.